

Job Title: Sexual Assault Services Counselor

Location: Arizona (Primarily Hybrid: Remote with some in-Person)

Organization: Trauma Recovery Services of Arizona (TRSAZ) & Vitalyst Health Foundation (TAPAZ)

About Us: Trauma Recovery Services of Arizona (TRSAZ) is a social enterprise dedicated to providing trauma-informed mental health services with a focus on underserved and marginalized communities, including BIPOC, LGBTQ+, Indigenous, and Veteran populations. With support from a grant by the governor's office, we are expanding our sexual assault services, emphasizing culturally competent, survivor-centered, and accessible care. Position Overview: TRSAZ with support from TAPAZ, is seeking a compassionate, trauma-informed counselor to lead our Sexual Assault Services program. This role is critical for supporting survivors to deliver culturally sensitive care to Arizona's diverse communities, including Veterans. The ideal candidate will have a deep understanding of trauma's impact, experience with evidence-based practices such as EMDR or CPT, and a commitment to health equity for Veterans, BIPOC & LGBTQIA+ communities.

Key Responsibilities:

- **Client Counseling:** Provide individual and group counseling to survivors of sexual assault, emphasizing trauma-informed approaches tailored to each client's needs.
- Military Sexual Trauma and Veteran Support: Deliver specialized care to veterans impacted by MST, understanding the unique cultural and trauma challenges faced by this population. Engage in outreach to Arizona's veteran communities, including coordination with Veteran Affairs, to support comprehensive care and continuity of services for veterans with complex trauma needs.
- **Community Outreach:** Collaborate with local organizations, Tribal Nations (e.g., Havasupai Tribe), and Veterans' groups to expand TRSAZ's reach, particularly in rural and under-resourced areas.
- Assessment and Documentation: Conduct comprehensive trauma assessments, including tools such as PHQ-9, GAD-7, PTSD-5, WHOQOL, and the PCL-5. Maintain meticulous client records and ensure timely completion of documentation, treatment plans, and progress notes.
- **Culturally Competent Care:** Utilize culturally informed practices, incorporating Native and Indigenous healing principles, awareness of issues and needs of LGBTIA+ folks & Veterans where appropriate, and adapting care to meet the needs of clients from diverse backgrounds.
- **Crisis Intervention:** Respond effectively to clients in crisis, applying appropriate deescalation techniques and connecting clients with emergency resources as needed.
- **Telehealth Adaptation:** Deliver telehealth services as needed to ensure access for clients in rural and Tribal areas, utilizing technology solutions to bridge the digital divide.

• **Stakeholder Engagement and Education:** Support TRSAZ's advocacy efforts by educating the community on trauma impacts, available services, and the importance of accessible mental health care for survivors and veterans.

Qualifications:

- Master's degree in Counseling, Social Work, or a related field (Arizona licensure required).
- Minimum 2 years of experience in trauma-informed counseling, ideally in sexual assault or MST-related services.
- Trained in EMDR, CPT, or other evidence-based trauma treatment methods.
- Experience providing services to Veterans or military-affiliated clients is highly desirable.
- Cultural competency in working with Indigenous, BIPOC, LGBTQ+, and Veteran communities.
- Strong organizational skills and the ability to handle timely, accurate documentation and case management.

Preferred Skills:

- Experience in telehealth services and digital readiness for reaching underserved rural communities.
- Proficiency in culturally adaptive practices, including understanding of Indigenous cultural traditions.
- Bilingual abilities are a plus, especially in Spanish or Indigenous languages.

Why Join TRSAZ/TAPAZ?

- Opportunity to make a tangible impact by providing critical services to underserved populations, including Veterans.
- Supportive work environment with a focus on professional development and self-care.
- Part of an innovative team that values mental health equity and actively addresses social determinants of health.
- EMDR Consultation & Clinical Supervision/Peer Supervision available.
- The total salary for this role is \$54,000 for 9 months (November 2024-July 2025). Note: this position grant-funded and term-based, contingent upon the continuation of the awarded grant, Resilience in Action Grant funded by the Arizona FY25 Sexual Assault Services Program (SASP) Grant Program.
- Medical, dental, vision benefits are available (benefits package up to 20% of position salary).